

Naman Vidya (Residential Facilities)

Weekdays Routine	
05.30am - 06.00am	Rising Bell & Morning Ablutions
06.00am - 06.20am	P.T./ Jogging
06.20am - 06.50am	Bath/ Getting Ready for School (School Uniform)
06.50am - 07.10am	Breakfast
07.10am - 08.00am	Study
08.00am - 04.00pm	School (<i>Tiffin and Lunch as per the class time table</i>)
04.00pm - 04.30pm	Rest
04.30pm - 05.30pm	Outdoor & Indoor Games
05.30pm - 05.45pm	Wash/ Change/ Snack
05.45pm - 06.30pm	Study
06.30pm - 07.00pm	Newspaper Reading- The Hindu
07.00pm - 07.30pm	Dinner
07.30pm - 09.15pm	Study (Milk at 08.30pm)
09.15pm - 09.30pm	Tooth Brush & Lights-Out